

Year 8 Immersion Equipment List 2025

Item	Description	Checklist
Duffle bag	If you have a duffle bag, it is easier to carry this from the bus to the cabins and to load on and off the buses. If you don't have a duffle bag as the last resort, you may bring a suitcase but you will not be able to use the wheels.	
Day bag - must be a backpack	The day pack is a backpack that you will take out with you during the day. It needs to fit lunch, snacks, water bottle, hat, sunscreen, towel, warm jumper and rain jacket.	
Waterproof rain jacket x 1	A waterproof rain jacket with a hood. Ponchos, ski jackets or puffer jackets are not suitable.	
Polo shirts, T-shirts and long sleeve shirts	T-shirts must cover arms and midriff. No singlets allowed. Long sleeved, collared shirts are the best for sun protection. (As many as required).	
Shorts or Short Tights	Shorts must be mid-thigh in length. (As many as required).	
Thermal tops and pants	Polypropylene or fine wool.	
Long pants or track pants	Pants to keep warm if the temperature is cool.	
Two other pairs of long pants	Synthetic material or quick dry hiking pants	
Jumper or jacket x 2	It will be cold, you will need a long sleeve t-shirt, jumper and warm jacket. Puffer jacket for over the top is perfect!	
Socks x 4	Include a combination of medium-long and short length.	
Underwear x 4 and pyjamas	As many as you like to wear.	
Walking shoes x 2	Shoes that are comfortable to walk in – sneakers are perfect.	
Two x 1L water bottles	Two water bottles that can be re-filled – must have a capacity of at least 750ml. One will be placed in the day pack. Anything larger than 1L is not suitable.	
Head torch	A head torch that has new batteries in before departure.	

Sunscreen and sunhat	Must be at least SPF 50. A broad brim hat is preferred.	
Hand sanitiser	To keep in day pack.	
Insect repellent	Roll on or lotion – definitely no aerosols.	
Garbage bags x 2	For wet or dirty clothing.	
Toiletries	Toothpaste, toothbrush, deodorant (no aerosols), shampoo, conditioner, soap, sanitary items etc.	
Towels x 1	One bath towel.	
Beanie and gloves	It will be cold.	
Stationery	Pens and Immersion Journal that has been provided by the School.	

Extra items you might like to pack:

Sunglasses, zinc, lip balm, camera (no phones or iPads), small soft toy, book to read, notebook and pen, zip lock bags.