

Section 1: Learning Centres

What are Learning Centres?

Learning centres are purposefully designed play spaces where children explore skills through hands on experiences. Examples include:

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Construction	Dramatic Play
Literacy	Fine Motor
Sensory Exploration	Creative Arts
Mathematical Manipulatives	

They are not simply 'free play' – they are structured opportunities for learning.



Why Oral Language Matters?

Oral language is one of the strongest predictors of reading and writing success.

In Pre-Kindergarten, we focus on:

Listening Skills and Storytelling

Vocabulary, Comprehension, Sentence Structure and Phonological Awareness

Conversational Skills

Social Emotional Learning – Developing Friendships

Identity and Inclusion and Emotional Regulation



These are the foundation for literacy development and academic success.

Section 2: Oral Language Development



Conversation, Negotiating, Questioning, Replying, Role Playing, Retelling & Sequencing Stories, Sharing their wonderings and knowledge, Sharing observations



Why do FMS matter?



Physical development

They help children build:

- strength
- coordination
- balance
- body awareness
- **core control** — strength and stability in the stomach, back, and pelvis



Brain development

When children move:

- they strengthen neural pathways in the brain
- they improve attention, focus and self-regulation
- support visual tracking
- support overall learning



Confidence and participation

Children who develop movement skills early are more likely to:

- join games
- try sports
- feel confident in physical environments

What This Looks Like in Pre-K



Weekly P.E. Lesson



Daily Movement Program