

RHYTHMIC GYMNASTICS NEWS

As of 21 May 2026

SEPARATE JS & SS NEWS

The Foundation and Competition rhythmic gymnasts have made such improvement in their Term 2 progress. The focus for the gymnasts this term has been building their technique with body movements and hand-held apparatus skills, and their ability to express music through their whole body. For our Year 3+ students, a focus on learning set routines in preparation for the future events has started too!

The coaching team are excited for the year ahead and the dedication of the gymnasts in learning all about the inclusive sport of Rhythmic Gymnastics. Join us on a Wednesday and Friday (Term 2 current or Saturday (Places available!)) in the Sports Hall.

