

Tweens, Teens & Screens

Empowering parents to navigate screen time



Screen Savvy Parents:

Exclusive opportunity to hear from screen use expert,
Dr Brad Marshall, The Unplugged Psychologist.

**FREE
Webinar**

This live webinar will empower parents to find balance and minimise harms from leisure time screen use on tweens & teens wellbeing and development.

Hosted by: Northern Sydney Local Health District, School Years team and the Northern Sydney Network of Councils.

For: Parents & carers of tweens and teens (8-16 years) living in the Northern Sydney Councils region and Northern Sydney Local Health District.

Date: Thurs 7th May, 2026

Time: 7:00pm - 8:30pm

Location: Online via MS Teams

*Delivered in English with closed captions available in other languages - click this [LINK](#) for instructions.



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