



Protect your children online

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The use of mobile telephones, tablets and personal computers is common in most people's lives.

Children are encouraged to use these devices to assist with their studies and stay connected, but this technology can also be used by online predators to target children.

A lot of children use mobile devices to keep in contact with friends via social media. Whilst using these sites, there is a chance they could come into contact with online predators.

Here are some simple steps we all can take to help protect our children when they are online.

Children - protect yourself online

- **NEVER** post personal information, including your name, home address, photograph, phone number or school, anywhere on the internet.
- **ALWAYS** tell your parents or another adult you know of any contact online that makes you feel uncomfortable.
- **NEVER** arrange a face-to-face meeting with someone you have chatted to online without your parents' or carers' full knowledge. Have a parent/carer accompany you.
- **ALWAYS** think before sending. Pressing 'send' is definite and final – you can't get it back.
- **DO NOT** send a picture of yourself to anyone you don't know.

Parents - protect your children online

- **ALWAYS** educate your children about the dangers associated with online conversations.
- **ENSURE** that you discuss age-appropriate sites with your children.
- **TALK** to your child about what they do online and their favourite sites to visit.
- **CHECK** with your child's school, public library, and other places they frequent to find out what internet sites they're accessing.
- **ALWAYS** monitor the status of safety settings on devices used by your child.

Protect your home devices

- **DEACTIVATE** settings like GPS from social media sites used by your child.
- **ENSURE** you and your family use strong passwords to secure your devices.
- **ALWAYS** use secure web browsers and active parental control restrictions on your home computer and devices.
- **PROTECT** your passwords so your child cannot automatically purchase apps without your approval.
- **DO NOT GIVE YOUR PASSWORD TO ANYONE - NO ONE!**

For more information on this topic visit www.esafety.gov.au

For more crime prevention information visit us on www.police.nsw.gov.au



Justice



Triple Zero (000)
For emergencies or life threatening situations.



Police Assistance Line (131 444)
For non-emergencies.



Crime Stoppers (1800 333 000)
To provide crime information. It can be anonymous.