

Supporting Young People Around Alcohol & Other Drugs

A Free Webinar for Parents & Carers

A practical and supportive online session from Sydney Drug Education and Counselling Centre (SDECC), delivered in partnership with Willoughby Council, to help parents and carers feel more confident having conversations about alcohol, vaping and other drugs with their young person and understanding where to get support.

Topics covered include:

- Current trends and pressures affecting young people
- Recognising signs that may indicate concern
- How to start open, supportive conversations
- Harm minimisation & practical safety strategies
- Where parents and carers can access support

Presented by **Dominique Robert-Hendren**, Clinical Psychologist, with extensive experience in mental health and alcohol and other drug (AOD) treatments and CEO of SDECC for children and young people.

Tuesday 23rd June, 7pm

- Free live online webinar
- Attendance is anonymous and confidential
- Anonymous Q&A
- Multilingual closed captions available via Zoom
- Downloadable e-resources provided in English and Mandarin



Register today
places are limited



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