



ENGAGING ADOLESCENTS™

Resolve difficult behaviour in teenagers

ADOLESCENT DEVELOPMENT PROGRAM FOR PARENTS/CARERS OF TEENAGERS

Over 3 sessions, parents/carers will be provided with practical tips to prepare for tough conversations with young people.

- Maintain open communication.
- Build a relationship with your teenager and foster safe independence.
- Parents/carers will learn to better understand adolescents and appreciate what are reasonable expectations to hold.

The program works towards giving parents/carers a renewed sense of confidence about the role they can play in their teenagers' lives.

WHEN: Tuesday 1, 8, 15 September 7:00pm – 9:00pm

WHERE: Online (link sent on registration)

FACILITATOR: Katherine

BOOKINGS: Open NOW <https://bit.ly/3aiOdZh>

