

MEET DR NICOLE SLY



Dr Nicole Sly is a Sport and Exercise Medicine Doctor with experience supporting elite athletes on the international stage in Rugby Union, 7s, Rowing and Paratriathlon.

Dr Sly has a particular interest in treating young people, supporting them to achieve their sporting goals, while supporting their future health and wellbeing. An appreciation of the unique needs of children and their families has been gained while working at the Children's Hospital at Westmead Institute of Sports Medicine and in Paediatric Emergency.



Dr Sly is passionate about applying the skills learned working with elite athletes to all of her patients, helping them to achieve their personal best. Prior to studying medicine, she worked as a Physiotherapist and believes that an active rehabilitation plan is essential, as well as collaborating with other health and performance professionals to ensure a smooth recovery and prevent future injury.

WALK-IN CLINIC

Assessment of suspected Concussions or other injuries is available from 8-11am on Mondays and Thursday, during term for students of Pymble Ladies' College. An approximate consult time may be advised by The Sports Physio Clinic Physiotherapists covering weekend sport. Students can also self-present during these hours.

LOCATION

Level 1 Aquatic and Fitness

Centre, Pymble Ladies' College

Parents or carers are welcome to attend

There is no out-of-pocket expense for this service

GP referral is not required.

Bookings

