

Pymble Ladies' College

Dear Parent/Carer

2024 YEAR 3 TO 12 PYMBLE SCHOOL CHAMPIONSHIP ATHLETICS CARNIVAL

The Years 3 to 12 Championship School Athletics Carnival will be held on Tuesday 11 June at the Sydney Olympic Park warm up arena. The carnival will involve select competitive students from Years 3 to 12, who will be transported to and from the venue by bus.

The carnival will begin at **9.30am**. Please see the program and records below for your reference.

Students are required to wear their sports uniform and a *Pymble* sports hat and are permitted to wear this to and from the College. Students must have sunscreen and a water bottle for use throughout the day. Students are also encouraged to bring a towel or similar to sit on.

A very limited range of food choices is available at the venue's canteen. We ask that the day students bring their own healthy lunch and refreshments. Boarder lunches will be transported to the venue and be available for collection on the day.

Departure time: Students should arrive at Kelso bus stop (Gate 2) at **8.15am** for an 8.30am departure.

Return time: Students will return by bus to the College by 3.15pm.

Medical

Students who require asthma medication, EpiPens or other medications are expected to bring them to the carnival. One of the College nurses will be present at the carnival to assist with any injuries and illness.

Permissions

A parent or carer must provide permission via the *Pymble* app for their child to attend the carnival. Permission must be completed by Friday 7 June.

Kind regards

Mrs Katie Edwards
Head of Sport (7-12)

Mr Matt Tyson
Head of Sport (K-6)

Mr Jack Garrad
Co-ordinator - Athletics and Cross Country

Pymble Ladies' College

2024 Pymble Championship Athletics Carnival Program

TRACK PROGRAM		
9.30am	12 Years 800m	Secondary School
	13 Years 800m	
	14 Years 800m	
	15 Years 800m	
	16 Years 800m	
	17 Years 800m	
	18 Years 800m	
	8, 9, 10 Years 800m	Junior School
	11,12 Years 800m	
10.15am	12 Years 80m Hurdles	Secondary School
	13 Years 80m Hurdles	
	14 Years 90m Hurdles	
	15 Years 90m Hurdles	
	16 Years 90m Hurdles	
	17 Years 100m Hurdles	
	18 Years 100m Hurdles	
11.00am	8 Years 100m	Junior School
	9 Years 100m	
	10 Years 100m	
	11 Years 100m	
	12 Years 100m	
	12 Years 100m	Secondary School
	13 Years 100m	
	14 Years 100m	
	15 Years 100m	
	16 Years 100m	
	17 Years 100m	
	18 Years 100m	
12.00pm	Junior 400m	Secondary School
	Intermediate 400m	
	Senior 400m	
12.30pm	Open 1500m	All students
1.00pm	8, 9, 10 Years 200m	Junior School
	11,12 Years 200m	Secondary School
	12 Years 200m	
	13 Years 200m	
	14 Years 200m	
	15 Years 200m	
	16 Years 200m	
	17 Years 200m	
	18 Years 200m	
1.30pm	Junior School Champion of Champions Race	
	Secondary School Champion of Champions Race	

FIELD PROGRAM			
9.30am	Junior Discus	South	Secondary School
	Inter Discus	South	
	Senior Discus	South	
	8 to 10 Years Discus		Junior School
	11 Years Discus		
	12 to 13 Years Discus		
	Junior Javelin	North	Secondary School
	Intermediate Javelin	North	
	Senior Javelin	North	
	12 Years Long Jump	North	Secondary School
	13 Years Long Jump	North	
	14 Years Long Jump	North	
	15 Years Long Jump	South	
	16 Years Long Jump	South	
	17 Years Long Jump	South	
	18 Years Long Jump	South	
	8 to 10 Years Long Jump		Junior School
	11 Years Long Jump		
	12 to 13 Years Long Jump		
	12 Years Shot Put	North	Secondary School
	13 Years Shot Put	North	
	14 Years Shot Put	North	
	15 Years Shot Put	South	
	16 Years Shot Put	South	
	17 Years Shot Put	South	
	18 Years Shot Put	South	
	8 to 10 Years Shot Put		Junior School
	11 Years Shot Put		
	12 to 13 Years Shot Put		
11.00am	Junior High Jump		Secondary School
12.00pm	Inter High Jump		Secondary School
1.00pm	Senior High Jump		Secondary School

Pymble Ladies' College

Pymble Athletics Records – Track Events

Event	Record	Year	Student
Girls 12 Years 800 Meter Run	2:32.38	2019	A Halliday
Girls 13 Years 800 Meter Run	2:17.15	2014	E Grinbergs
Girls 14 Years 800 Meter Run	2:16.63	2014	C Miller
Girls 15 Years 800 Meter Run	2:11.94	2015	C Miller
Girls 16 Years 800 Meter Run	2:12.00	1982	S Bertram
Girls 17 Years 800 Meter Run	2:18.09	2019	I Gardiner
Girls 18 Years 800 Meter Run	2:17.00	1982	T Hutchinson
Girls 12 Years 80 Meter Hurdles	13.34	2014	J Vignes
Girls 13 Years 80 Meter Hurdles	12.69	2015	J Vignes
Girls 14 Years 90 Meter Hurdles	13.78	2018	E Duncan
Girls 15 Years 90 Meter Hurdles	13.87	2016	I Breslin
Girls 16 Years 100 Meter Hurdles	14.90	1982	L Wood
Girls 17 Years 100 Meter Hurdles	14.82	1999	C Beveridge
Girls 18 Years 100 Meter Hurdles	14.80	2007	E Pienaar
Girls 12 Years 100 Meter Run SS	12.80	1979	C Emmerson
Girls 13 Years 100 Meter Run	12.47	2013	K Edwards
Girls 14 Years 100 Meter Run	12.50	1988	F Blair
Girls 15 Years 100 Meter Run	12.18	2015	K Edwards
Girls 16 Years 100 Meter Run	12.00	1985	M Moore
Girls 17 Years 100 Meter Run	12.00	1985	M Moore
Girls 18 Years 100 Meter Run	12.01	2000	A Creighton
Girls 12 to 14 Years 400 Meter Run Junior	58.75	2018	J Bird
Girls 15 to 16 Years 400 Meter Run Intermediate	57.64	2022	Samara Bond
Girls 17 to 18 Years 400 Meter Run Senior	56.74	2019	S Guthrie
Girls 12 to 14 Years 1500 Meter Run Junior	4:29.10	2014	C Miller
Girls 15 to 16 Years 1500 Meter Run Intermediate	4:22.39	2016	C Miller
Girls 17 to 18 Years 1500 Meter Run Senior	4:36.24	2019	I Gardiner
Girls 12 Years 200 Meter Run SS	27.42	2012	K Edwards
Girls 13 Years 200 Meter Run	26.26	2022	M Harrison
Girls 14 Years 200 Meter Run	25.57	2003	C Van Veenendaal
Girls 15 Years 200 Meter Run	25.86	2015	K Edwards
Girls 16 Years 200 Meter Run	24.49	2019	A Dixon
Girls 17 Years 200 Meter Run	25.97	2013	L Andreadza
Girls 18 Years 200 Meter Run	24.74	1999	V Issacs

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Pymble Athletics Records – Field Events

Event	Record	Year	Student
Girls 12-14 High Jump Junior	1.63m	2022	G Townsend
Girls 15 to 16 Years High Jump Intermediate	1.68m	2017	N Freestone
Girls 17 to 18 Years High Jump Senior	1.65m	1994	M Harris
Girls 12 to 14 Years Discus Throw Junior	36.15m	2021	G Peters
Girls 15 to 16 Years Discus Throw Intermediate	38.71m	2021	B Worsfold
Girls 17 to 18 Years Discus Throw Senior	36.73	2022	A Sims
Girls 12 to 14 Years Javelin Throw Junior	36.32m	2013	E Jones
Girls 15 to 16 Years Javelin Throw Intermediate	48.73m	2012	M Little
Girls 17 to 18 Years Javelin Throw Senior	51.78m	2007	A Davies
Girls 12 Years Long Jump	4.44m	2013	S Metaxouli
Girls 13 Years Long Jump	5.00m	2023	A Bond
Girls 14 Years Long Jump	5.25m	2019	Sienna Bond
Girls 15 Years Long Jump	5.64m	2020	Sienna Bond
Girls 16 Years Long Jump	5.49m	2021	Sienna Bond
Girls 17 Years Long Jump	6.03m	2022	Sienna Bond
Girls 18 Years Long Jump	5.46m	2000	L Antill
Girls 12 Years Shot Put	7.60m	2017	G Spanswick
Girls 13 Years Shot Put	10.35m	2015	G Duncan
Girls 14 Years Shot Put	11.96m	2021	G Peters
Girls 15 Years Shot Put	12.70m	2020	B Worsfold
Girls 16 Years Shot Put	12.54m	2023	S Lovell
Girls 17 Years Shot Put	13.56m	2012	G Ralphs
Girls 18 Years Shot Put	11.80m	2004	P Pegg